



SEPTEMBER 2025

Perkinston and Stone Elementary
Breakfast k-5

Monday
Tuesday
Wednesday
Thursday
Friday

Labor Day
No School

1

Cinnamon Roll
Cereal Bars
Applesauce
Variety of Fruit Juices

2

Breakfast Pizza
Cherry Frudel
Variety of Cereal
Raisins
Variety of Fruit Juices

3

Assorted Muffin Loaves
Variety of Cereal
Fresh Banana
Variety of Fruit Juice

4

Sausage Biscuit
Cereal Bars
Raisins
Variety of Juices

5

Cinnamon Roll
Variety of Cereal
Applesauce
Variety of Fruit Juices

8

Powdered Donuts
Variety of Cereal
Applesauce
Variety of Fruit Juices

9

Assorted Muffin Loaves
Cereal Bars
Raisins
Variety of Fruit Juices

10

Breakfast Breads
Variety of Cereal
Applesauce
Variety of Fruit Juices

11

Sausage Biscuit
Cereal Bars
Bananas
Variety of Fruit Juices

12

Powdered Donuts
Variety of Cereal
Raisins
Variety of Fruit Juices

15

Muffin Loaves
Variety of Cereal
Raisins
Variety of Fruit Juices

16

Apple Frudel
Cereal Bars
Applesauce
Variety of Fruit Juices

17

Cinnamon Toast Crunch Pastry
Cereal Bars
Fresh Bananas
Variety of Fruit Juices

18

Sausage Biscuit
Cereal Bars
Fresh Bananas
Variety of Fruit Juices

19

Cinnamon Roll
Cereal Bars
Applesauce
Variety of Fruit Juices

22

Breakfast Pizza
Cereal Bars
Applesauce
Variety of Fruit Juices

23

Assorted Muffin Loaves
Variety of Cereal
Raisins
Variety of Fruit Juices

24

Sausage Biscuit
Cereal Bars
Fresh Bananas
Variety of Fruit Juices

25

Pancake Bites
Variety of Cereal
Raisins
Variety of Fruit Juices

26

Banana Bread
Cereal Bars
Raisins
Variety of Fruit Juices

29

Cinnamon Rolls
Variety of Cereal
Applesauce
Variety of Fruit Juices

30

All meals are served with fat-free or 1% milk.
Assorted 100% fruit juices and cereal bars are offered daily.
All student breakfast meals are FREE.
This institution is an equal opportunity provider.